

Everyone thinks you're  
doing just fine...  
but you know better.

Afraid or depressed?  
Family difficulties?  
Thoughts of suicide?  
Need help problem solving?

We're here for you  
24/7/365

Give us a call

774-HELP/4357  
1-888-568-1112



the  
Opportunity  
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[www.opportunityalliance.org](http://www.opportunityalliance.org)